



**2017 MIDWEST REGIONAL ELITE
25th ANNIVERSARY
HAMMER STRENGTH CLINIC AGENDA
CINCINNATI, OH
MAY 19 – 20, 2017**



SCHEDULE

Friday, May 19

- 11:00** Registration - Lunch Provided
- 12:00** Opening - Dr. Ken Leistner, Master of Ceremonies
- 12:30 - 1:30** Heather Mason MSCC
Athletics Team, Hammer Strength
- 1:30 - 2:30** Loren Seagrave
Director of Speed and Movement, IMG Academy
- 2:30 - 3:30** Mickey Marotti
Assistant AD Football Sports Performance, Ohio State University
- 3:30 - 4:00** Break
- 4:00 - 5:00** Dr. Ted Lambrinides
Sports Science Consultant, NFL Player Tracking Program
- 5:00 - 6:00** Brady Collins
Director of Football Sports Performance, University of Cincinnati
- 6:00 - 7:00** Boyd Epley
Assistant AD for Strength & Conditioning, University of Nebraska
- 7:00** All Clinic Social - Food and Beverage Provided
Nippert Stadium West Pavillion

Saturday, May 20

- 7:30 - 8:30** Early Bird Workout
- 8:00 - 8:45** Registration / Check In
- 8:45 - 9:45** Chip Morton
Head Strength & Conditioning Coach, Cincinnati Bengals
- 9:45 - 10:45** Brian Clarke,
Head Strength & Conditioning Coordinator, Noblesville (IN) HS
- 10:45 - 11:45** Joe Kenn,
Head Strength & Conditioning Coach, Carolina Panthers
- 12:00 - 1:00** Lunch
- 1:00 - 2:00** Lance Walker
Global Director of Performance, MJP Performance
- 2:00 - 3:00** Allan Johnson
Director of Football Strength & Conditioning - East Tennessee
State University
- 3:00 - 4:00** Mike Joseph
Director of Strength & Conditioning, West Virginia University

QUESTIONS AND CONTACTS

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